

# PAULA DANOFF

Paula Danoff is a Third Level Ranked Sensei (Teacher) in the Sogetsu School of Ikebana. She has studied Ikebana for 32 years, six of which were in Japan. Ikebana is the Japanese art of flower arranging, blossoms, branches, leaves, and stems find new life as materials for artmaking. In contrast to the western habits of casually placing flowers in a vase, ikebana aims to bring out the inner qualities of flowers and other live materials and express emotion through rules and guidelines. This art form first started in the 16th Century and today there are over 1,000 different schools, with branches all over the world.



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