

## Supply List

### BORO and Sashiko Stitching

*Akemi Nakano Cohn*



-Fabrics (It covers the Boro fabric sample kit in the first day).

-If you would like to bring your own fabrics, that's fine.

In this case, please note:

Prefer natural fiber, white or blue shades in color.

e.g. cotton, bamboo, wool, linen, or silk (not densely woven)

Prewash (wash with soap in warm-hot water)

Medium weight, soft and open weave fabrics are easy to sew.

-Scissors

-4-5 various blue color of thread (e.g. sewing machine thread) or embroidery floss

-1 orange or red or yellow color of sewing machine thread or embroidery floss

-Needles: you will thread 1 strand of sewing machine thread.

My favorite needle is 1 3/4" long, straight eye, thin and small eye needle. You can choose your own comfortable needle for running stitching.

-2-3 pins

-Chalk (optional)

-12" ruler (optional)

-Boro fabric sample set: Small pieces of hand-dyed fabric pieces with various shades of indigo blues (dyed by your instructor) are available to purchase in class.

***Please Note: Classes and workshops may be cancelled if enrollment minimums are not reached. You will be notified by telephone at least 3 days prior to the scheduled start date should cancellation become necessary.***