

Supply List  
Plein Air in the City  
Michelle Kogan

(For students using watercolor medium)

**First Class Bring in \* material.**

**BRUSHES**

**Type:** Sable, Ox hair, Squirrel and Sable synthetic

**Flats:** 2 Flats 1/2" & 1" Brand: Richesan Professional # 7010-England (or similar quality)

\***Rounds:** 1- 3 Small and 1- 2 Large. Small #1-5, Large #6, 8, 10 or 12

**Brands:** Isabey Petit Gris & Isabey 6223 Martre Pure, Raphael Martre Kolinsky-France, Winsor & Newton (Series 7); Rigger: Optional Scrubbers: or stiff acrylic brushes, toothbrush

**PAINTS/Pencils/Cakes (Begin with tubes and pencils)**

**Watercolor Cakes:** (cakes are more opaque-Hold Off) similar brands to paints

**Watercolor Pencils:** Soft, Caran D'Ache—\* Bluish Pale #37, primary, secondary and earthtones (browns and ochres), or buy as set with similar colors; Derwent: same as Caran D'Ache.

**Paints in Tubes:** (Purchase \* add more as desired) buy professional and light fast

**Brands:** Winsor Newton, Holbein, and Daniel Smith (order online if not available locally)

**Light-fast Paints Coded- W&N:** I, II, A, AA; Holbein: \*\*\*, \*\*, Daniel Smith: I, II

Sepia, Burnt Umber\*, Raw Umber\*, Raw Sienna\*, Burnt Sienna\*

Crimson Lake\*, Permanent Rose, Rose Doré, Quinacridone red\*

Sap Green\*, Under Sea Green (Daniel Smith), Green Gold (Daniel Smith) Winsor Green (red shade)

Winsor Green (Blue Shade)\*

Cadmium Yellow Light\*, Lemon Yellow\*, Aureolin, Yellow Ochre. Jaune Brilliant #1

French Ultramarine Blue\*, Cobalt Blue, Winsor Blue (Green Shade), Winsor Blue (Red Shade),

Cerulean Blue\*, Winsor Violet (Dioxazine) and other Violets

**Additional Colors:** Cadmium Red Deep, Winsor Red Deep, Cadmium Orange, Paynes Grey, Titanium White,

**\*WATERCOLOR PALETTE**

metal/plastic portable palette with lid

*Please Note: Classes and workshops may be canceled if enrollment minimums are not reached. You will be notified by telephone at least 3 days prior to the scheduled start date should cancellation become necessary.*

**\*Paper Select one Exercise Pad and one other type of paper below- block or sheets**

**Brands:** Fabriano (Artistico, Soft or Coldpress), Arches, Strathmore, Canson, Whatman, Lana  
140 lb Coldpress Spiral Bound or Pad Watercolor Tablet 9" x 12" (for exercises)  
140 lb Coldpress Watercolor Block (Approx. 9 x 12 inches) OR  
140 lb or 300 lb Coldpress, and/or Soft (Fabriano Artistico) Watercolor sheets 22" x 30"

**Miscellaneous Material**

Distilled Water-convenient size or let tap water sit for 24 hours, \* Natural Sea Sponge

\* Drafting Tape & or Bullnose clips (for attaching paper to board)

\* Foam core, Gator board, Homasote board-White faced building board 3/8" (support for paper)

\* Paper Towels, Tissues, Rags, 2 Containers for water

Masking fluid- Daler-Rowney, a "Masquepen" (masking fluid in a needle bottle) optional

\* Sketch Book, Tracing paper, \* Kneaded eraser, \* Drawing Pencils Staedtler Mars (soft 3B),

\* Pencil Sharpener

**Plein Air Easel:**

Easel -Watercolor Painters Package Product #: 20-03 from SunEden Artist's Gear  
<http://www.sun-eden.com>,

\* Stool (for sitting on),

Camera (optional)

**Plein Air-Acrylic**

(for students using Acrylic medium)

First Class Bring in \* material.

\* **Brushes:** 2-3 Flats Or Brite -bristle brushes #2, 6, 10, or 12  
3" House Painting Brush-for Priming Canvas

\* Palette-wood, glass, metal or plastic box-Select one

\* Palette Knives- Wood handle with metal trowel for mixing  
Gesso -quart or half gallon

\* 1-3 Prepared canvasses on stretcher bars with keys or add  
1/8 " masonite wood corner supports  
1/2" Wire brad nails- to attach corner supports

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Sand paper-fine

- \* Containers for water or mediums- only plastic for acrylic, glass or cans for oils
- \* Smock or Apron
- \* Atomizer/plastic spray bottle-for acrylics
- \* Sketchbook
- \* Drawing pencil-Staedtler Mars # 3 or pen
- \* Kneaded eraser
- \* Paper towels or rags
- \* Soap -for cleaning brushes

#### **ACRYLIC PAINTS**

- \* Titanium White
- \* Cadmium Yellow Lt. or Md.
- \* Cadmium Red Light
- \* Acra or Quinacra Violet-Select one
- Cerulean Blue
- \* Ultramarine Bleu
- Cobalt Blue
- Phthalo. Green
- Yellow Ochre/Oxide
- \* Hookers or Sap Green
- \* Raw Sienna
- \* Burnt Sienna
- \* Raw Umber
- \* Burnt Umber

#### **ACRYLIC MEDIUMS (OPTIONAL)**

- Matte Medium
- Gloss Medium
- Gel Medium
- Modeling Paste

#### **MATERIALS AVAILABLE AT:**

Dick Blick  
1755 Maple Ave, Evanston  
42 S State, Chicago

Plein Air-Drawing  
(for students using drawing medium)

First Class Bring in \* material.

\* Good drawing paper/Charcoal sheets 18"x 24" or smaller-as needed: Arches, Fabriano, Strathmore, Stonehenge

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- \* Sketchbook—small portable 9” x 12” Tracing paper pad
  
- \* Compressed charcoal sticks and charcoal pencils, 4B & 6B (Black & White)
- \* Pencils—3B, 4B & 6B
- Conte crayons—white, black & sienna
- \* 1-2 white soft pastels Rembrandt, Sennelier or similar brands
- Ball point pen & or Marker
- Soft pastels—primary colors + earthtones—Rembrandt or similar brand
- \* Kneaded eraser .Pencil Sharpener .Drawing board—foam core, masonite

Books optional

Just Good Drawings

Drawing A Contemporary Approach by Claudia Betti & Teel Sale

Experimental Drawing by Robert Kaupelis

An Artist’s Notebook Techniques & materials by Bernard Chaet 20th

Century Drawings Part II: 1940 to the Present by Una E. Johnson

Human Anatomy & Figure Drawing by Jack Kramer

### **Materials are available at the following art stores**

#### **Dick Blick**

1755 Maple Ave, Evanston 42 S State, Chicago

1574 N Kingsbury Street, Chicago

42 S State Street, Chicago

#### Plein Air

#### Books Watercolor/Acrylic

*Watercolor, Paintings by Contemporary Artists, Preface by SuJean Rim, Introduction by Leslie Dutcher, Chronicle Books, 2013.*

*Water Paper Paint, Exploring Creativity with Watercolor and Mixed Media, By Heather Smith Jones, Quarry Books, 2011.*

*The Watercolorist’s Answer Book, 425 Tips, Techniques and Solutions, Edited by Gina Rath, North Light Books, 2005.*

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*The Figure in Watercolor, Simple, Fast, and Focused*, by Mel Stabin, Watson-Guption, 2002.

*Everything You Wanted to Know About Watercolor*, Edited by Marian Appellof, Watson Guption, 1992.

*Basic Watercolor Answer Book* by Catherine Anderson, North Light Books, 1999.  
Northlight Books (Publisher for numerous Watercolor books)

*Creative Watercolor Painting Techniques*, 1995.

*An Artist's Notebook, Techniques and Materials* by Bernard Chaet. Holt, Rinehart and Winston, 1979 or latest addition.

*The Painter's Handbook A Complete Reference to...* by Mark David Gottsegen, Watson-Guption, 1993.

*Itten The Elements of Color*, by Johannes Itten, translated by Ernst Van Hagen. John Wiley and Sons, Inc., 1970.

*Kate Gwynn*, By Kate Gwynn

*Watercolors from Durer to Balthus*, by John Leymarie, Skira, Rizzoli, 1984.

*Drawing A Contemporary Approach*, by Claudia Betti & Teel Sale, 1992, Holt, Rinehart and Winston.

*An Artist's Notebook Techniques & Materials*, by Bernard Chaet, 1979, Holt, Rinehart and Winston.

*Painting With Acrylics*, by José Gutiérrez and Nicholas Roukes, Preface by David Alfaro Siqueiros, 1969, Watson-Guption Publication.

## **Art Stores**

DickBlick 1755 Maple Ave. Evanston, 42 S. State Street, Chicago

Daniel Smith [www.http://www.danielsmith.com](http://www.danielsmith.com)

Cheap Joe's [www.cheapjoes.com](http://www.cheapjoes.com)

Sun-Eden Artists' Gear [www.sun-eden.com](http://www.sun-eden.com) (good plein air easel available)

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## Watercolor/Acrylic/Drawing EXERCISES

### Beginning Exercises:

- Begin with a few thumbnail sketches in your sketchbook
- Construct your composition with large shapes filling up the space
- Exaggerate and make objects much larger
- Have some shapes run off your page
- Play with the scale of your shapes, marks and lines making a variety of sizes and thicknesses

### 1. Monochromatic Painting

Object/Ground: -Use one hue (color) and light and dark values of this color  
Experiment working different ways, i.e. dry on wet/wet on wet, allow color to dry and glaze over.

### 2. Mixing Compliments (Colors across from each other on the color wheel.)

Object/Ground: -Use 2 complimentary colors (red & green /yellow & violet/ blue & orange). Experiment working different ways, i.e. dry on wet/wet on wet. Allow color to dry and glaze over

- Use 4 compliments
- Try one with all warm values
- Try one with all cool values
- Try one mixing warm and cool values

### 3. Saturated Color

Object/Ground: Use vivid and intense colors (All colors available)

### 4. Work Independently

#### On-going Projects/Charts:

Create a color wheel with:

Primary Colors: yellow, red, and blue

Secondary colors: orange, green, and violet

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Create value studies with primary and secondary colors

Use 10 values: #1 = white of the paper

#10 = darkest value

For Watercolors: Create a color chart showing Transparent and opaque colors:

- Draw a vertical line with a black permanent marker
- Paint a square of each color over this line
  - Opaque colors will show a clouded area over the black line
  - Transparent colors will show the black line below clearly

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